

Former Kunia Resident Brings Healing Work To Kapolei

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interested in learning more about the practice or want to start their own business. It's an intensive reiki course that

Jelani Jenkins recover from knee damage. Jenkins, who was released by the Oakland Raiders because of the injury, now is playing for the Houston Texans.



Jelani Jenkins

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walks participants through its history, how it works, self-healing, distance healing and more.

“Anyone can learn reiki,” Yap said. “We all have energy, and we are all made of energy. When I (perform) reiki, they can feel tingling, they can feel something releasing from their body, and I don't even have to touch them.”

Most recently, the Native Hawaiian reiki master was helping NFL linebacker

“Not only did her reiki sessions help give me clarity on my purpose moving forward, it also aided in getting me back on the field faster and stronger,” he stated. “Now I'm back on a team running around feeling great and I definitely believe a lot had to do with her sessions.”

In addition to working with athletes, Yap also has clients in the tech start-up industry, as well as CEOs, animals,

babies, cancer patients and others struggling with a chronic illness. Her expertise also extends to clinical hypnotherapy, past-life regressions and motivational speaking.

The deadline to sign up for the Reiki 1 & 2 Certification Course or Manifest Your Best 2018 Women's Workshop is Feb. 22.

Visit holomuahealingarts.com/events or email info@holomuahealingarts.com to register and for more information, and keep up with Yap on Instagram (@holomua_healing_arts).



Brittany Yap, owner of Holomua Healing Arts, performs reiki on a client. PHOTOS COURTESY HOLOMUA HEALING ARTS